

### **WHY A SOCCER BALL FOR WOMEN**

The public opinion on sports injuries and sports health has initiated a hunt for answers to concussions, ACL tears and better ways of playing sport among health professionals, players and other stakeholders.

Most other sports – e.g. basketball, hedge and golf – have adjusted the game/and equipment to women. Not in football/soccer.

With the Eir ball we give women soccer players a full, safe lifetime of joy playing the game they love. 'Common sense' as Emma Hayes – head coach from Chelsea ladies – always says.

### **A FASTER AND PLAYFUL EXPERIENCE**

Eir balls makes you play faster. The ball may feel fast the first few times you play with it - but after a little practice you will be able to control it fully and hopefully fall in love with the speed of the ball like we did.

### **KEEPING THE BALL IN SHAPE**

The first time you pump the ball, give it a day to really fall into the shape. Since the inner material is organic the balls will loose a little air over a few weeks time. This is a good thing – it will keep the material elastic and soft.

We recommend that you give the ball valve a drop of ball pump oil every 4-6 months to keep the valve flexible and minimize air loss.

The ball may feel hard in cold weather. Consider deflating it and keep it somewhere warm for a short time – e.g. close to a heater for an hour. Then give it a 30 seconds massage with your hands. The ball will be softer when you inflate it again.

The balls are hand stitched and mistakes happen. Please write to us if something seems wrong: [contact@eirsoccer.com](mailto:contact@eirsoccer.com).

### **READ MORE**

About us, why the ball and the underlying research on <http://eirsoccer.com/#section-about>.

Thank you. Have great fun.

The Eir team

